

Online IOSH 'Working Safely'

COURSE DURATION:

6 to 8 hours total

TARGET AUDIENCE:

- New starters
- Workers from any sector requiring a grounding in health and safety essentials

AVAILABLE IN:

- Audio
- Non-Audio

DELIVERED VIA:

- Intranet
- Internet
- CD Rom

Online Delivery – A New Approach to Basic Health and Safety Training

Module 1:

Introducing 'Working Safely'

- An introduction to the course and the principles of why working safely is important

Module 2:

Defining hazard and risk

- Understanding what constitutes a 'hazard' and recognising the different types
- Understanding the principles of risk and risk assessment

Module 3:

Identifying common hazards

- Recognising 18 of the most common workplace hazards
- How they arise
- How to remove or reduce the risk

Module 4:

Improving safety performance

- Understanding safe systems of work
- A look at how, when and why to use PPE
- Recognising safety signs
- An overview of emergency procedures and first aid
- Understanding the basics of measuring health and safety and reporting incidents

Module 5:

Protecting our environment

- Understanding how industry affects the environment
- Discovering what industry and the individual can do to reduce pollution and waste

Complementing this course is a Learner's Task Book containing activities designed to transfer learning to the real life workplace. A period of 6 months is allowed for completion.

Successful completion results in the award of an IOSH 'Working Safely' certificate.

